

Commissioning and IAPT

Our company is an accredited NHS provider and indeed has been providing services to the NHS for nearly ten years now, long before “improving access to psychological therapies” (IAPT) was funded. Obviously IAPT is a concept, which has a very long time line attached and as such it will take time before adequate numbers of therapists (for both low and high intensity interventions) are available.

CBPS is an established provider of CBT intervention (as well as teaching, training and research/publication in CBT) with an exceptional track record. Our service provision to the NHS is in keeping with government guidance including NICE guidance for the treatment of depression and anxiety and has a well established “referral pathway”, which appreciates the whole spectrum of different levels of care (stepped care model) as required by the government initiative. As such it matches with IAPT needs and requirements. Therefore it is a natural partner to the IAPT and can make up for service gaps where they exist. As a matter of fact the various packages we have to offer are suitable for the different needs of individual Trusts.

Whatever your needs are, may they be in treatment provision, teaching/training and supervising your staff (programmes for all levels exist) or finding placements for your students who might be on an IAPT programme an informal discussion with our specialists in this area is always possible and very much welcome by us.